

FAX COVER PAGE



Date: 07/07/2026

To:

Anita Tammara , MD

From:

HomeCentris Healthcare LLC
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284

Phone: 410-321-8448

Fax: 410-559-3002

Subject:

RE:Elizabeth Hall dob:5/26/1947

Memo:

HI per your request i am :faxing referral from rossville rehab. we will contact patient to schedule appointment you. best regards, donna hayes admission director homecentris homehealth

URGENT: Please review and respond to this fax transmission promptly.



ADMISSION RECORD
Rossville Rehabilitation and Healthcare Center
6600 Ridge Rd
Baltimore, Baltimore, MD 21237-4209
TEL: (410) 574-4950
FAX: (410) 391-4386

Jul 6, 2026 14:10:00 ET

RESIDENT INFORMATION

Resident Name		Preferred Name	Unit	Room / Bed	Admission Date	Init. Adm. Date	Orig. Adm. Date	Resident #
Mrs. Hall, Elizabeth M.			SEVERN	125-2	04/22/2026	04/22/2026	04/22/2026	23368
Previous address				Previous Phone #	Legal Mailing address			
1315 Chesaco Ave Apt 114, Rosedale, MD, 21237				(410) 330-3639	Same as Previous Address			
Sex	Birthdate	Age	Marital Status	Religion	Race	Occupation(s)	Primary Lang.	
F	05/26/1947	79	Widowed	Christian	White		English	
Admitted From			Admission Location		Birth Place	Citizenship	Maiden Name	
Acute care hospital			Medstar Good Samaritan Hospital Baltimore			U.S.		
Social Security #:		Medicare Beneficiary ID:		Medicare Replacement Name:		Medicare Replacement #:		
217-50-0025		7AQ5UR3MJ60						
Co Insurance Plan:		Co-Insurance Policy #:		HMO/Commercial Plan:		HMO/Commercial Policy #:		
MedicareA		7AQ5UR3MJ60		UnitedAmerican		008407219		
Primary Medicaid #:		QMB or Full Medicaid		Auto/Workers Comp/Liab Ins:		Insurance Auth #:		
Managed Medicaid Plan Name:		Managed Medicaid ID #:		Hospice Name:		Mass Medicaid #:		
Mcr Rplcmt End Date:		Medicaid #:		LTC Insurance Policy #:		LTC Insurance Policy Name:		
Claim #:		Bundled:		MLTSS Provider:		MLTSS ID #:		
NEW MMIS MEDICAID#(xclaim):		Part D Insurance Name:		Part D Policy #:		Veteran #		
2nd Insurance Name:		2nd Insurance Policy #:		3rd Insurance Name:		4th Insurance Name:		
4th Insurance Policy #:		TPL:		Medical Record #:		Optum-SNF-LTC:		
				23368				
DO NOT USE		Do Not Use		Do Not Use		Do Not Use		
DO NOT USE		DO NOT USE		Do Not Use		DO NOT USE		
Do Not Use		DO NOT USE		DO NOT USE		Do Not Use		
Do Not Use		Do Not Use		Do Not Use		DO NOT USE		
Do Not Use		Do Not Use		Do Not Use		DO NOT USE		
Do Not Use		Do Not Use		Do Not Use		DO NOT USE		
Do Not Use		Do Not Use		Do Not Use		DO NOT USE		

PAYER INFORMATION

Primary Payer	Medicare A	Medicare #	7AQ5UR3MJ60
Second Payer	Medicare A coins from Insurance	Policy #	

OTHER INFORMATION

Most Recent Hospital Stay		Allergies		
04/14/2026	04/22/2026	No Known Allergies		
Additional Financial Information		Admission Type	Community Physician	Facility Does Resident Laundry
General Notes		Hospital Preference	Ins. Authorization Number and Days covered	Medicaid Eligibility
Medicare Coverage		Miscellaneous Information:	Primary Care Physican (Name & Phone#)	Referring Physician
Resident Receives personal Mail?		Responsible Party	Rx Plan Name	Spouse's Name

CARE PROVIDERS

Provider	Phone	Address	UPIN	NPI
Atlas: Physician (Primary Physician) Basu, Dev	Office:(443) 275-9164	913 Southerly Rd suite#264 Baltimore, MD 21204		1821386228
Atlas: Nurse Practitioner Muhati, Jared	Home:(443) 253-9709	7209 Rutherford Green Cir Windsor Mill, MD 21244		1760703185
Atlas: Nurse Practitioner Udoh, Julie	Office:(443) 875-9164 Home:(443) 529-5868	913 Southerly Rd Ste 264 Towson, MD		1982965950

CARE PROVIDERS

Atlas: Nurse Practitioner Udoh, Julie	Office:(443) 875-9164 Home:(443) 529-5868	21204	1982965950
Atlas: Physician Baxi, Sunit	Office:(410) 668-8180 Fax:(410) 264-1732	Benchmark Medical 904 Stags Head Road Baltimore, MD 21286	1629353420

PHARMACY

Pharmacy	Phone/Fax	Address
Specialty Rx Pennsylvania (Primary) Primary Contact: Jen Krause	Phone: (877) 936-8028 Fax: (833) 678-0164	491A Blue Eagle Ave Harrisburg, PA, 17112

EXTERNAL FACILITIES (No Data Found)

Facility Name	Phone	Facility Type

CONTACTS

Name	Contact Type	Relationship	Address	Phone/Email
Mrs. Hall, Elizabeth	AR Representative 1 Customer Satisfaction Survey Recipient	Self	1315 Chesaco Ave Apt 114 Baltimore, MD, 21237	Cell:(443) 413-0613 Home:(410) 330-3639
Ms. Perna, Karen	Emergency Contact # 1	Daughter	6 Lyndale Ave Rosedale, MD, 21237	Home:(443) 413-0613

DIAGNOSIS INFORMATION

Code	Description	Onset Date	Rank	Classification
I63.9	CEREBRAL INFARCTION, UNSPECIFIED	04/22/2026	Primary	
E78.5	HYPERLIPIDEMIA, UNSPECIFIED	04/22/2026	Secondary	
F43.21	ADJUSTMENT DISORDER WITH DEPRESSED MOOD	04/22/2026	Secondary	
F51.01	PRIMARY INSOMNIA	04/22/2026	Secondary	
I10	ESSENTIAL (PRIMARY) HYPERTENSION	04/22/2026	Secondary	
I48.91	UNSPECIFIED ATRIAL FIBRILLATION	04/22/2026	Secondary	
I50.9	HEART FAILURE, UNSPECIFIED	04/22/2026	Secondary	
I69.020	APHASIA FOLLOWING NONTRAUMATIC SUBARACHNOID HEMORRHAGE	04/22/2026	Secondary	
I73.9	PERIPHERAL VASCULAR DISEASE, UNSPECIFIED	04/22/2026	Secondary	
N18.30	CHRONIC KIDNEY DISEASE, STAGE 3 UNSPECIFIED	04/22/2026	Secondary	
R47.1	DYSARTHRIA AND ANARTHRIA	04/22/2026	Secondary	

ADVANCE DIRECTIVE

***SEE MOLST ***

From: Rossville Rehabilitation and Healthcare Center 6600 Ridge
Rd Baltimore, MD, 21237-4209 (410) 574-4950 **Fax:** (410)
391-4386

Printed Date: Jul 6, 2026 14:07:47 ET

Page 1 of 1

Ordered By: Basu, Dev
National Provider ID #1821386228
913 Southerly Rd suite#264
Baltimore, MD, 21204
(443) 275-9164

Resident: Hall, Elizabeth M (23368)

DOB: 05/26/1947

Location: SEVERN 125 2

To: Prescriber

Basu, Dev
913 Southerly Rd suite#264
Baltimore, MD, 21204

Order Date: 07/06/2026 14:07

Communication Method: Phone

Order ID: 25296581

Order Summary: Discharge home 07/11/2026 with home health orders to include RN for medication management, PT/OT for evaluation and treatment, aid for ADL care.

Confirmed By: Alexis Fowler (Atlas: Director of Social Services)

Ordered By Signature:

Signed Date:

Kisha Blad unit manager / Dr. Basu MD
7-6-26

Maryland Medical Orders for Life-Sustaining Treatment (MOLST)

Patient's Last Name, First, Middle Initial

Hall, Elizabeth M.

Date of Birth

1947-05-26

☐ Male ☒ Female

This form includes medical orders for Emergency Medical Services (EMS) and other medical personnel regarding cardiopulmonary resuscitation and other life-sustaining treatment options for a specific patient. It is valid in all health care facilities and programs throughout Maryland. This order form shall be kept with other active medical orders in the patient's medical record. The physician, nurse practitioner (NP), or physician assistant (PA) must accurately and legibly complete the form and then sign and date it. The physician, NP, or PA shall select only 1 choice in Section 1 and only 1 choice in any of the other Sections that apply to this patient. If any of Sections 2-9 do not apply, leave them blank. A copy or the original of every completed MOLST form must be given to the patient or authorized decision maker within 48 hours of completion of the form or sooner if the patient is discharged or transferred.

CERTIFICATION FOR THE BASIS OF THESE ORDERS: Mark any and all that apply.

I hereby certify that these orders are entered as a result of a discussion with and the informed consent of:

- ☒ the patient; or
☐ the patient's health care agent as named in the patient's advance directive; or
☐ the patient's guardian of the person as per the authority granted by a court order; or
☐ the patient's surrogate as per the authority granted by the Health Care Decisions Act; or
☐ if the patient is a minor, the patient's legal guardian or another legally authorized adult.

Or, I hereby certify that these orders are based on:

- ☐ instructions in the patient's advance directive; or
☐ other legal authority in accordance with all provisions of the Health Care Decisions Act. All supporting documentation must be contained in the patient's medical records.

☐ Mark this line if the patient or authorized decision maker declines to discuss or is unable to make a decision about these treatments. **The patient's or authorized decision maker's participation in the preparation of the MOLST form is always voluntary.** If the patient or authorized decision maker has not limited care, except as otherwise provided by law, CPR will be attempted and other treatments will be given.

CPR (RESUSCITATION) STATUS: EMS providers must follow the *Maryland Medical Protocols for EMS Providers*.

☒ **Attempt CPR:** If cardiac and/or pulmonary arrest occurs, attempt cardiopulmonary resuscitation (CPR). This will include any and all medical efforts that are indicated during arrest, including artificial ventilation and efforts to restore and/or stabilize cardiopulmonary function.

[If the patient or authorized decision maker does not or cannot make any selection regarding CPR status, mark this option. Exceptions: If a valid advance directive declines CPR, CPR is medically ineffective, or there is some other legal basis for not attempting CPR, mark one of the "No CPR" options below.]

1 No CPR, Option A, Comprehensive Efforts to Prevent Arrest: Prior to arrest, administer all medications needed to stabilize the patient. If cardiac and/or pulmonary arrest occurs, do not attempt resuscitation (No CPR). Allow death to occur naturally.

☐ **Option A-1, Intubate:** Comprehensive efforts may include intubation and artificial ventilation.

☐ **Option A-2, Do Not Intubate (DNI):** Comprehensive efforts may include limited ventilatory support by CPAP or BiPAP, but do not intubate.

☐ **No CPR, Option B, Palliative and Supportive Care:** Prior to arrest, provide passive oxygen for comfort and control any external bleeding. Prior to arrest, provide medications for pain relief as needed, but no other medications. Do not intubate or use CPAP or BiPAP. If cardiac and/or pulmonary arrest occurs, do not attempt resuscitation (No CPR). Allow death to occur naturally.

SIGNATURE OF PHYSICIAN, NURSE PRACTITIONER, OR PHYSICIAN ASSISTANT (Signature and date are required to validate order)

Practitioner's Signature

Electronically signed by Julie Udoh on 04/27/2026 12:10

Print Practitioner's Name

Julie Udoh

Maryland License #

R203013

Phone Number

Date

04/27/2026 12:12

Patient's Last Name, First, Middle Initial		Date of Birth	Page 2 of 2
Hall, Elizabeth M.		1947-05-26	☐ Male ☒ Female
Orders in Sections 2-9 below do not apply to EMS providers and are for situations other than cardiopulmonary arrest. Only complete applicable items in Sections 2 through 8, and only select one choice per applicable Section.			
2	ARTIFICIAL VENTILATION		
	2a. ☒	May use intubation and artificial ventilation indefinitely, if medically indicated.	
	2b. ☐	May use intubation and artificial ventilation as a limited therapeutic trial.	
		Time limit _____	
	2c. ☐	May use only CPAP or BiPAP for artificial ventilation, as medically indicated.	
		Time limit _____	
	2d. ☐	Do not use any artificial ventilation (no intubation, CPAP or BiPAP).	
3	BLOOD TRANSFUSION		
	3a. ☒	May give any blood product (whole blood, packed red blood cells, plasma or platelets) that is medically indicated.	
	3b. ☐	Do not give any blood products.	
4	HOSPITAL TRANSFER		
	4a. ☒	Transfer to hospital for any situation requiring hospital-level care.	
	4b. ☐	Transfer to hospital for severe pain or severe symptoms that cannot be controlled otherwise.	
	4c. ☐	Do not transfer to hospital, but treat with options available outside the hospital.	
5	MEDICAL WORKUP		
	5a. ☒	May perform any medical tests indicated to diagnose and/or treat a medical condition.	
	5b. ☐	Only perform limited medical tests necessary for symptomatic treatment or comfort.	
	5c. ☐	Do not perform any medical tests for diagnosis or treatment.	
6	ANTIBIOTICS		
	6a. ☒	May use antibiotics (oral, intravenous or intramuscular) as medically indicated.	
	6b. ☐	May use oral antibiotics when medically indicated, but do not give intravenous or intramuscular antibiotics.	
	6c. ☐	May use oral antibiotics only when indicated for symptom relief or comfort.	
	6d. ☐	Do not treat with antibiotics.	
7	ARTIFICIALLY ADMINISTERED FLUIDS AND NUTRITION		
	7a. ☒	May give artificially administered fluids and nutrition, even indefinitely, if medically indicated.	
	7b. ☐	May give artificially administered fluids and nutrition, if medically indicated, as a trial.	
		Time limit _____	
	7c. ☐	May give fluids for artificial hydration as a therapeutic trial, but do not give artificially administered nutrition.	
		Time limit _____	
	7d. ☐	Do not provide artificially administered fluids or nutrition.	
8	DIALYSIS		
	8a. ☒	May give chronic dialysis for end-stage kidney disease if medically indicated.	
	8b. ☐	May give dialysis for a limited period.	
		Time limit _____	
	8c. ☐	Do not provide acute or chronic dialysis.	
9	OTHER ORDERS		

SIGNATURE OF PHYSICIAN, NURSE PRACTITIONER, OR PHYSICIAN ASSISTANT (Signature and date are required to validate order)			
Practitioner's Signature		Print Practitioner's Name	
Electronically signed by Julie Udoh on 04/27/2026 12:10		Julie Udoh	
Maryland License # R203013		Phone Number	Date
			04/27/2026 12:12

Facility #: —

Date: Jul 6, 2026

Time: 14:10:12 ET

Rossville Rehabilitation and Healthcare Center

Facility Code: 22

User: Alexis Fowler

Order Summary Report

Resident: Hall, Elizabeth M (23368) Active Orders As Of: 07/06/2026

Resident: Hall, Elizabeth M (23368) **Location:** 125 2 **Admission:** 04/22/2026

Client Id Number: 23368 **Gender:** F **Date of Birth:** 05/26/1947

Physician: Basu, Dev **Pharmacy:** Specialty Rx Pennsylvania

Allergies: No Known Allergies

Diagnoses: CEREBRAL INFARCTION, UNSPECIFIED(I63.9), APHASIA FOLLOWING NONTRAUMATIC SUBARACHNOID HEMORRHAGE(I69.020), PERIPHERAL VASCULAR DISEASE, UNSPECIFIED(I73.9), UNSPECIFIED ATRIAL FIBRILLATION(I48.91), ESSENTIAL (PRIMARY) HYPERTENSION(I10), DYSARTHRIA AND ANARTHRIA(R47.1), HYPERLIPIDEMIA, UNSPECIFIED(E78.5), HEART FAILURE, UNSPECIFIED(I50.9), CHRONIC KIDNEY DISEASE, STAGE 3 UNSPECIFIED(N18.30), ADJUSTMENT DISORDER WITH DEPRESSED MOOD(F43.21), PRIMARY INSOMNIA(F51.01)

Dietary - Diet

Order
Summary

Communication Method	Order Status	Order Date	Start Date	End Date
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NAS (No Added Salt) diet Regular texture, Regular
Fluid consistency

Phone	Active	04/22/2026	04/22/2026	
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Other

Order
Summary

Communication Method	Order Status	Order Date	Start Date	End Date
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***SEE MOLST ***

Admit to SNF - Skilled Care Services. I have reviewed Phone
and approved all orders/Individual Person Centered
Care Plan.

Phone	Active	04/22/2026		
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AHC MD: Appraise and observe every shift for
changes in physical and mental condition. Notify
Provider if observed. every shift

Phone	Active	04/22/2026	04/22/2026	
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AHC MD: Pressure Reducing Wheel Chair Cushion In
place to wheel chair every shift

Phone	Active	04/22/2026	04/22/2026	
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AHC: Anticoagulant Side Effect Monitoring: Observe
for Signs and Symptoms of Bleeding/Brusing every
shift. Document unusual findings in progress note and
notify provider. every shift for Anticoagulant use

Phone	Active	04/22/2026	04/22/2026	
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Facility #: —

Date: Jul 6, 2026

Time: 14:10:12 ET

Rossville Rehabilitation and Healthcare Center

Order Summary Report

Facility Code: 22

User: Alexis Fowler

Resident: Hall, Elizabeth M (23368) Active Orders As Of: 07/06/2026

Resident: Hall, Elizabeth M (23368) Location: 125 2 Admission: 04/22/2026

Order Summary	Communication Method	Order Status	Order Date	Start Date	End Date
AHC: COVID 19 PRN Test Order: Rapld Antigen/POC Phone Testing as needed for as needed for covid sx	Phone	Active	04/22/2026	04/22/2026	
AHC: Crush Med - Food, May crush medications and administer per food.	Phone	Active	04/22/2026		
AHC: Generic Equivalent: Generic equivalent may be used unless otherwise indicated.	Phone	Active	04/22/2026		
AHC: Heart Failure: Edema Evaluation- Evaluate edema and Notify Provider of changes, if changes document in progress notes every shift	Verbal	Active	04/23/2026	04/23/2026	
AHC: Heart Failure: M-W-F- notify provider if gained 3 pounds in 24 hours and document in progress note every day shift every Mon, Wed, Fri for CHF	Verbal	Active	04/23/2026	04/24/2026	
AHC: Physiatry (PMR) Consult: Physiatrist Evaluation and Treatment as needed.	Phone	Active	04/22/2026		
AHC: Psychiatry Consult : Psychiatry evaluation and treatment as needed.	Phone	Active	04/22/2026		
AHC: Side Effect Monitoring: Opioid Usage: Monitor for side effects of Opioid Usage: 0. None Observed 1. Sedation 2. Respiratory Suppression 3. Constipation 4. Confusion 5. Nausea/Vomiting 6. Dry Mouth 7. Dizziness 8. Depression every shift for Monitoring for Opioid Side Effects Document corresponding # of reported side effects. Notify practitioner as indicated.	Verbal	Active	06/08/2026	06/08/2026	
AHC: Wound Care Consult and Treat	Phone	Active	04/22/2026		
Atlas Heart Failure: Lung Sounds-Evaluate Lung Sounds. Notify provider of changes from baseline, if changes from baseline document in progress notes every shift	Verbal	Active	04/23/2026	04/23/2026	

Facility #: —

Date: Jul 6, 2026

Time: 14:10:12 ET

Rossville Rehabilitation and Healthcare Center

Facility Code: 22

User: Alexis Fowler

Order Summary Report

Resident: Hall, Elizabeth M (23368) Active Orders As Of: 07/06/2026

Resident: Hall, Elizabeth M (23368) Location: 125 2 Admission: 04/22/2026

Order Summary	Communication Method	Order Status	Order Date	Start Date	End Date
Atlas MD: Non Pharmacological Interventions Pain Management 1: Repositioned, 2: Beverage Offered, 3: Music, 4: Lighting Changed, 5: Resident Refused NPI as needed for Non pharmacological interventions	Verbal	Active	04/22/2026	04/22/2026	
Atlas weekly skin check: complete Atlas weekly skin check under the assessments tab (you must schedule this-see shower schedule and skin check days), every evening shift every Wed for Monitoring	Phone	Active	04/22/2026	04/29/2026	
Bath/shower/hair care twice a week. Document refusals. (you must see the shower assignment and schedule accordingly). every evening shift every Wed, Sat for Hygiene	Phone	Active	04/22/2026	04/25/2026	
cardiology consult - triple AV nodal blockade	Prescriber Entered	Active	06/03/2026		
Covid 19 symptom monitoring: Monitor for the following symptoms: Chills, Cough, SOB, Sore Throat, Fatigue, Muscle or Body Aches, Headache, New loss of Taste or Smell, Congestion or Runny Nose, Nausea or Vomiting or Diarrhea every shift for Monitoring If symptoms identified, enter "Y" document in progress note and call MD, if no symptoms identified enter "N"	Phone	Active	04/22/2026	04/22/2026	
Dental consult and treatment as needed.	Phone	Active	04/22/2026		
Discharge home 07/11/2026 with home health orders to include RN for medication management, PT/OT for evaluation and treatment, aid for ADL care.	Phone	Active	07/06/2026		

Facility #: —

Date: Jul 6, 2026

Time: 14:10:12 ET

Rossville Rehabilitation and Healthcare Center

Facility Code: 22

User: Alexis Fowler

Order Summary Report

Resident: Hall, Elizabeth M (23368) Active Orders As Of: 07/06/2026

Resident: Hall, Elizabeth M (23368)

Location: 125 2

Admission:

04/22/2026

Order
SummaryCommunication Order Start End
Method Status Date Date

F/u with neurology within 2-4 weeks call 443-777-7320 9000 Franklin Square Drive suite 2 CB f/u cva No appts until October per Danielle at office, no wait list continue to try and see if cancellations otherwise pt to f/u after rehab with neurology

Phone 04/28/2026

I have participated in and approve of the resident centered care plan.

Phone 04/22/2026

May cocktail medications except for enteral administration

Phone 04/22/2026

may f/u with out pt wound clinic at GSH or FSH after d/c from rehab, while in rehab may be followed by wound team at rehab

Phone 04/22/2026

May have PNEUMOVAX unless contraindicated per CDC recommendations.

Phone 04/22/2026

Mouth care Q Shift every shift for Hygiene

Phone 04/22/2026

Occupational Therapy Clarification Order: OT to eval and treat 3-5x/wk for 27 days with skilled OT treatment to include: therapeutic activity, therapeutic exercise, self care management, AD/AE training, pt/caregiver education, NMR, and d/c planning

Phone 04/23/2026

OT evaluation and treat as indicated.

Phone 04/22/2026

OT recert clarification order: Cont OT to maximize functl act to; improve functl mob safety and I necessary to return to home at PLOF; Improve BUE strength; cg/pt ed and dc planning 3-5x wk x 27 days

Verbal 06/16/2026

OT recert order: Cont OT 3-5x daily for 27 days to address LUE coordination, med mgt, and safety with all ADLs; cg/pt ed and dc planning.

Verbal 05/20/2026

Facility #: ---

Date: Jul 6, 2026

Time: 14:10:12 ET

Rossville Rehabilitation and Healthcare Center
Order Summary Report

Facility Code: 22
User: Alexis Fowler

Resident: Hall, Elizabeth M (23368) Active Orders As Of: 07/06/2026

Resident: Hall, Elizabeth M (23368) Location: 125 2 Admission: 04/22/2026

Order Summary	Communication Method	Order Status	Order Date	Start Date	End Date
Pain Monitoring: Verbal (Numerical Scale) 0= No Pain Phone 1-3= Mild Pain 4-6= Moderate Pain 7-10= Severe Pain every shift for Monitoring	Phone	Active	04/22/2026	04/22/2026	
Podiatrist evaluation and treatment as needed.	Phone	Active	04/22/2026		
Psych consult due to increase anxiety	Prescriber Written	Active	06/22/2026		
Psych. Support Practitioner evaluation and treatment as needed.	Phone	Active	04/22/2026		
PT evaluation and treat as indicated.	Phone	Active	04/22/2026		
PT evaluation and treatment per approved plan of care 3-5 times per week for 27 days to include therapeutic exercise, neuro re-education, therapeutic activities, gait training, group, WC management and heat/cold/manual to left ankle for pain with patient/family/caregiver education and interdisciplinary discharge planning. May discontinue treatment when complete.	Phone	Active	04/23/2026		
PT Recertification per approved plan of care 3-5 times per week for 27 days to include therapeutic exercise, neuro re-education, therapeutic activities, gait training, group, WC management and heat/cold/manual to left ankle for pain with patient/family/caregiver education and interdisciplinary discharge planning. May discontinue treatment when complete.	Phone	Active	06/16/2026		
ST evaluation and treat as indicated.	Phone	Active	04/22/2026		

Facility #: —

Rossville Rehabilitation and Healthcare Center

Facility Code: 22

Date: Jul 6, 2026

Order Summary Report

User: Alexis Fowler

Time: 14:10:12 ET

Resident: Hall, Elizabeth M (23368) Active Orders As Of: 07/06/2026

Resident: Hall, Elizabeth M (23368) Location: 125 2 Admission: 04/22/2026

Order Summary

Communication Method Order Status Order Date Start Date End Date

ST Recertification Order: Pt to continue ST services 2-3x/wk for 27 days as tolerated for cognitive-linguistic tx, compensatory strategy training, pt education, group tx as indicated and dc planning. Verbal Active 06/23/2026

ST Recertification Order: Pt to continue ST services 3 times a week for 27 days as tolerated for cognitive-linguistic tx, compensatory strategy training, pt education, dc planning. Phone Active 05/21/2026

Turned and positioned and pm as needed for Patient observation Phone Active 04/22/2026 04/22/2026

Turned and positioned and pm every shift for Patient observation Phone Active 04/22/2026 04/22/2026

Pharmacy

Order Summary

Communication Method Order Status Order Date Start Date End Date

Atorvastatin Calcium Oral Tablet 40 MG (Atorvastatin Calcium) Give 1 tablet by mouth at bedtime for hyperlipidemia Phone Active 04/22/2026 04/22/2026

Dabigatran Etexilate Mesylate Oral Capsule 150 MG (Dabigatran Etexilate Mesylate) Give 1 capsule by mouth two times a day for Afib/recurrent LLE DVT's Phone Active 04/22/2026 04/22/2026

Digoxin Oral Tablet 125 MCG (Digoxin) Give 1 tablet by mouth one time a day for heart failure Hold if <60 Verbal Active 05/19/2026 05/19/2026

diltiazem HCl Oral Tablet 90 MG (Diltiazem HCl) Give 1 tablet by mouth in the morning for HTN HOLD FOR SBP <110 OR HR <60 Prescriber Entered Active 04/26/2026 04/27/2026

Resident: Hall, Elizabeth M (23368)

Active Orders As Of: 07/06/2026

Resident:	Hall, Elizabeth M (23368)	Location:	125 2	Admission:	04/22/2026
Order Summary	Communication Method	Order Status	Order Date	Start Date	End Date
Dulcolax Rectal Suppository 10 MG (Bisacodyl) Insert Phone	Phone	Active	04/22/2026	04/22/2026	
1 suppository rectally every 24 hours as needed for promote bm if miralax ineffective					
hydroxyzine HCl Oral Tablet (Hydroxyzine HCl) Give Prescriber	Prescriber	Active	06/17/2026	06/17/2026	
25 mg by mouth in the evening for ANXIETY					
Melatonin Oral Tablet 3 MG (Melatonin) Give 1 tablet	Phone	Active	04/22/2026	04/22/2026	
by mouth every 24 hours as needed for insomnia give at hs					
Metoprolol Tartrate Oral Tablet 50 MG (Metoprolol Tartrate) Give 1 tablet by mouth two times a day for	Prescriber	Active	06/02/2026	06/03/2026	
HTN hold sbp less than 110 and or heart rate less than 50					
Miralax Oral Powder 17 GM/SCOOP (Polyethylene Glycol 3350) Give 1 scoop by mouth every 24 hours	Verbal	Active	05/18/2026	05/18/2026	
as needed for Bowel Regimen Dissolve in 4oz of water; hold for loose stools					
Naloxone HCl Nasal Liquid 4 MG/0.1ML (Naloxone HCl) 1 spray in nostril every 3 minutes as needed for	Verbal	Active	06/09/2026	06/08/2026	
suspected opioid overdose 1 spray in nostril every 3 minutes as needed for overdose may repeat in alternating nostrils every 3 minutes until Coherent. Call 911, continue until paramedics arrive. Notify provider					
Senna-S Oral Tablet 8.6-50 MG (Sennosides-Docusate Sodium) Give 1 tablet by mouth two times a	Phone	Active	04/22/2026	04/22/2026	
day for bowel regimen Hold for loose stools					
tramadol HCl Oral Tablet 50 MG (Tramadol HCl)	Prescriber	Active	04/22/2026	04/22/2026	
Give 1 tablet by mouth every 8 hours as needed for pain 7-10					
Tylenol Extra Strength Oral Tablet 500 MG (Acetaminophen) Give 2 tablet by mouth every 8	Prescriber	Active	05/14/2026	05/14/2026	
hours as needed for pain					

Resident: Hall, Elizabeth M (23368) Active Orders As Of: 07/06/2026

Resident:	Hall, Elizabeth M (23368)	Location:	125 2	Admission:	04/22/2026
Order Summary	Communication Method	Order Status	Order Date	Start Date	End Date

I have approved these orders for Hall, Elizabeth M (23368). Total pages 8.

Physician: _____ Signature: _____ Date: _____

Facility #:

Rossville Rehabilitation and Healthcare Center

Facility Code: 22

Date: Jul 6, 2026

Progress Notes *NEW*

User: Alexis Fowler

Time: 14:10:51 ET

Primary Physician: All Progress Note Type: All Effective Date Range: Effective Time Range: All Created Date Range: All Created Time Range:
All Author: _apl_claimcity Department: All

Resident Name : Hall, Elizabeth M (23368)

Location : SEVERN 125 2

Admission 04/22/2026

Medical Record # : 23368

Gender : F

Date :

Date of Birth : 05/26/1947

Physician : Basu, Dev

Pharmacy : Specialty Rx Pennsylvania

Allergies : No Known Allergies

Diagnoses : No Medical Diagnosis Found

Effective Date: 07/02/2026 00:55 Type: Physician/Practitioner Progress Notes

Note Text : SERVICE DATE: 7/1/2026

PATIENT: HALL, ELIZABETH (F | 5/26/1947 | 79 y/o)

FACILITY: Rossville Rehabilitation and Healthcare Center

Encounter Type: SUBSEQUENT JULIE UDOH, CRNP

SUBJECTIVE

Chief Complaint

Follow-up for medication and chronic disease management; wound status check.

Subjective

Patient seen in room resting quietly in bed. She was easily arousable, alert, and verbally responsive with mild baseline confusion and expressive aphasia secondary to prior left MCA stroke. She denies pain, shortness of breath, chest pain, urinary symptoms, or other acute complaints. Nursing reports that the chronic left lower extremity wound has healed completely. Medications were reviewed and reconciled with no acute concerns. Patient remains clinically stable.

79-year-old female with chronic atrial fibrillation, HFpEF, CKD stage 3, PAD, and prior left MCA stroke remains clinically stable in SAR. Left lower extremity ulcer has completely healed, and no acute medical issues are identified today. Continue current medication regimen, preventive skin care, vascular follow-up, and close monitoring of cardiovascular status and renal function

OBJECTIVE

Vital Signs

06/21/2026 07/01/2026

BP: 110 133/58 80 mmHg

HR: 68 88 bpm

RR: 18 breaths/min

Temp: 97.2 97.9 F

SpO₂ : 95 98% on room air

Physical Examination

General: Sleeping quietly, arousable, no acute distress.

Neck: Supple without JVD or carotid bruit.

Respiratory: Lungs clear to auscultation bilaterally; respirations nonlabored.

Cardiovascular: Irregularly irregular rhythm, no murmurs, rubs, or gallops.

GI: Abdomen soft, nontender, nondistended; bowel sounds present.

Skin: Warm and dry. Left lower extremity ulcer completely healed with intact epithelium and no erythema or drainage.

Extremities: No cyanosis, clubbing, or significant edema.

Neurological: Alert with baseline expressive aphasia; follows simple commands; moves all extremities.

Psychiatric: Calm, cooperative, appropriate affect.

Facility #:

Rossville Rehabilitation and Healthcare Center

Facility Code: 22

Date: Jul 6, 2026

Progress Notes *NEW*

User: Alexis Fowler

Time: 14:10:51 ET

Primary Physician: All Progress Note Type: All Effective Date Range: Effective Time Range: All Created Date Range: All Created Time Range:
All Author: _apl_claimcity Department: All

Resident Name : Hall, Elizabeth M (23368)

Location : SEVERN 125 2

Admission 04/22/2026

Medical Record #: 23368

Gender : F

Date :

Date of Birth : 05/26/1947

Physician : Basu, Dev

Pharmacy : Specialty Rx Pennsylvania

Allergies : No Known Allergies

Diagnoses : No Medical Diagnosis Found

ASSESSMENT

Diagnosis

L9722: Non-Pressure Chronic Ulcer Of Left Calf With Fat Layer Exposed -
I70242: Atherosclerosis Of Native Arteries Of Left Leg With Ulceration Of Calf -
R8271: Bacteriuria -
I4891: Unspecified Atrial Fibrillation -
I509: Heart Failure, Unspecified (NTA: 1)-
N1830: Chronic kidney disease, stage 3 unspecified -
I10: Essential (Primary) Hypertension -
F419: Anxiety Disorder, Unspecified -
E785: Hyperlipidemia, Unspecified -
F5101: Primary Insomnia -

PLAN

Non-Pressure Chronic Ulcer of Left Calf Resolved
Left lower extremity ulcer fully healed with intact skin.
Continue daily skin care and use of emollients.
Maintain pressure reduction and heel offloading.
Monitor for signs of recurrence, drainage, or skin breakdown.

2. Peripheral Arterial Disease
Continue atorvastatin 40 mg nightly.
Continue leg elevation as tolerated.
Avoid compression therapy unless cleared by vascular surgery.
Arrange outpatient follow-up with vascular surgery.

3. Asymptomatic Bacteriuria
Urine culture positive for Streptococcus anginosus without symptoms.
No antibiotic treatment indicated at this time.
Encourage hydration as tolerated within cardiac restrictions.
Monitor for dysuria, fever, urinary frequency, flank pain, or acute mental status changes.

4. Chronic Atrial Fibrillation
Rate controlled and hemodynamically stable.
Continue dabigatran 150 mg BID for stroke prevention.
Continue:
Metoprolol tartrate 50 mg BID
Diltiazem 90 mg daily
Digoxin 0.125 mg daily
Monitor HR, BP, and signs of bleeding or bradycardia.
Continue periodic monitoring of renal function and digoxin levels.

5. Heart Failure with Preserved Ejection Fraction
Clinically compensated without evidence of volume overload.
Continue current cardiac regimen.
Maintain sodium-restricted diet.
Monitor weights, edema, and respiratory status.
Avoid NSAIDs.

6. Chronic Kidney Disease Stage 3
Renal function remains stable.

Facility #:

Rossville Rehabilitation and Healthcare Center

Facility Code: 22

Date: Jul 6, 2026

Progress Notes *NEW*

User: Alexis Fowler

Time: 14:10:51 ET

Primary Physician: All Progress Note Type: All Effective Date Range: Effective Time Range: All Created Date Range: All Created Time Range:
All Author: _apl_claimcity Department: All

Resident Name : Hall, Elizabeth M (23368)

Location : SEVERN 125 2

Admission 04/22/2026

Medical Record # : 23368

Gender : F

Date :

Date of Birth : 05/26/1947

Physician : Basu, Dev

Pharmacy : Specialty Rx Pennsylvania

Allergies : No Known Allergies

Diagnoses : No Medical Diagnosis Found

Continue renal dosing of medications.

Avoid nephrotoxic agents and unnecessary IV contrast.

Monitor BMP periodically.

7. Hypertension

Blood pressure well controlled.

Continue metoprolol and diltiazem withhold parameters.

Continue NAS diet and monitor BP trends.

8. Anxiety Disorder

Symptoms stable on hydroxyzine.

Continue hydroxyzine 25 mg nightly.

Encourage non-pharmacologic anxiety interventions.

Monitor for sedation, confusion, and anticholinergic side effects.

9. Hyperlipidemia

Continue atorvastatin 40 mg nightly.

Monitor for myalgias or hepatic symptoms.

Repeat lipid panel with routine labs.

10. History of Left MCA Stroke with Expressive Aphasia

Residual expressive aphasia remains stable.

Continue secondary stroke prevention with statin and anticoagulation.

Maintain fall precautions and communication support strategies.

Continue rehabilitation exercises as tolerated.

11. Primary Insomnia

Continue melatonin 3 mg at bedtime as needed.

Reinforce sleep hygiene and minimize nighttime disturbances.

Avoid sedative-hypnotic medications.

MIPS

** Document e-signed by JULIE UDOH, CRNP on Jul 1, 2026 9:55 PM PDT**

Author: _apl_claimcity [e-SIGNED]

Effective Date: 07/01/2026 19:47 Type: Physician/Practitioner Progress Notes

Note Text : SERVICE DATE: 6/23/2026

PATIENT: HALL, ELIZABETH (F | 5/26/1947 | 79 y/o)

FACILITY: Rossville Rehabilitation and Healthcare Center

Encounter Type: SUBSEQUENT SUNIT BAXI, MD

SUBJECTIVE

Chief Complaint (CC)

Left lower leg/ankle pain and wound evaluation.

SUBJECTIVE

Nursing home resident seen for foot and lower leg pain. Discomfort has been

*** Final Report ***

Document Has Been Revised And Contains Addenda

General Discharge Information

Admission Date and Time: 03:09 pm on Apr 14, 2026
Attending Physician: Ng, MD, Alvin Tsz Hin
Discharge Date: 4/22/26
CIR PCP External: Dr Anita Tammara 9000 Franklin Square
Drive Baltimore, MD 21237 443-777-8300
Primary Care Physician: Tammara, MD, Anita
Referring Physician: Unassigned, Unassigned
Full Code-Do CPR - Ordered
Advance Directives Documents: MO(L)ST
CIR CM Hospital Preferences: Medstar Franklin Square Medical
Center

Discharge Diagnoses

Etiologic Dx:
Stroke

Comorbidities:

Dysarthria
Atrial fibrillation with RVR
Aphasia
Cognitive deficits
HTN (hypertension)

Precautions

Aspiration Precautions - Ordered
-- Neurological Condition / Mental Status

Hospitalization Summary

Chief Complaint
as below

Presentation and Hospital Course

78 year old with hypertension, atrial fibrillation and recurrent DVT (on warfarin), mild coronary calcifications on CT, chronic kidney disease stage 3, hyperlipidemia, heart failure, preserved ejection fraction (EF 55-60% 2023) presented to the MedStar Franklin Square Medical Center ED with acute onset aphasia and altered mental status. Patient was found to be in atrial fibrillation with RVR.

History was obtained from patient's daughter. Patient's last known well was the prior evening. On the day of admission the patient's daughter called her and noticed she was altered and aphasic, answering with "13" when she was asking her mom questions. Daughter called EMS. On arrival, patient's blood pressure was 146/96. HCT was negative acute intracranial abnormalities. CTA showed a mild irregularity of right vertebral artery with focal outpouching 1 x 2 mm suggestive of atherosclerotic disease with pseudoaneurysm, otherwise no large vessel occlusion or carotid stenosis. CTA chest showed filling defect of left atrial appendage concerning for a thrombus, as well as bilateral pleural effusions. CT abdomen and pelvis showed wedge-shaped area of decreased enhancement in the anterior spleen, concerning for splenic infarct, diverticulosis, urinary bladder wall thickening with trace pericystic fat stranding, left inguinal lymphadenopathy.

Patient was outside the window for TNK and mechanical thrombectomy was not indicated. Patient was found to be in atrial fibrillation with RVR at 192 bpm. Patient was given 250 mcg of digoxin and 5 mg IV of metoprolol improvement of heart rate to 150-180s. Patient was transferred to NCCU for further evaluation and management. Patient was seen in the neuro ICU for acute aphasia thought to be cardioembolic due to her A-fib with RVR with a subtherapeutic INR on arrival. She was started on heparin drip for atrial fibrillation and she was closely monitored given her acute stroke for hemorrhagic conversion. After stabilization of her heart rate she was transferred to the neuro telemetry unit on 4/12/2026 for further management. Patient seen by the cardiology service on 4/13/2026 and recommended restarting her home medications for adequate rate control as well as continuing anticoagulation with transitioning to an alternative to Coumadin given her subtherapeutic INR. Although unlikely to represent atrial thrombus there was no indication for additional cardiac testing given lack of change of management. Neurohospitalist team did follow-up as well They recommended transitioning her to oral anticoagulation after repeat head CT given the fact that she was on a heparin drip with a recent stroke. Given her

Medicare insurance both Xarelto and Eliquis would be significant out-of-pocket cost until she met her deductible. She was transitioned to Pradaxa which can be affordable if used with a GoodRx coupon without insurance. Patient and daughter are aware and were agreeable with this plan. Of particular note patient was found to have splenic infarct on CT scan likely secondary to embolic phenomena. Patient had no significant pain and tolerated anticoagulation. Incidental finding of right lymphadenopathy needs to be follow-up as an outpatient and this information was placed in her discharge paperwork.

[1]

#. Acute left MCA territory infarction

Presented with aphasia - outside window for TNK, no LVO

- MRI brain: 1. Patchy acute infarcts in the left MCA territory as above. No significant associated mass effect or hemorrhage. 2. Moderate chronic microangiopathic white matter changes.

- Afib with RVR- suspected etiology, subtherapeutic INR on warfarin on presentation

- Possible L atrial appendage thrombus on CT angiography; however, TTE did not show any thrombus.

- R vert pseudoaneurysm incidental

- LDL 90, A1c 5.9%

- Stroke etiology is atrial fibrillation with subtherapeutic INR on warfarin. INR 1.4 at presentation.

[] Continue dabigatran, high intensity statin, prediabetes and hypertension management as noted below for secondary stroke prophylaxis

[] PT/OT/SLP/Neuropsychology consultation

[] Outpatient PCP, Neurology, Cardiology and PM and R

Secondary Stroke Prevention

- Hypertension: management as below, goal chronically is less than 130/80 mmHg. Overall at goal at dc

- Dyslipidemia: statin therapy

- Diabetes mellitus: prediabetes management as below

- Smoking cessation: N/A

- Antiplatelet(s): N/A

- Anticoagulant(s): dabigatran

#. Left lower extremity wounds, POA, concern for cellulitis (improving)

WBC (last 7):

WBC:6.44 k/uL (04/16/2026 05:39)

WBC:8.56 k/uL (04/15/2026 13:39)

WBC:6.54 k/uL (04/14/2026 04:31)

WBC:6.60 k/uL (04/13/2026 04:26)

WBC:9.10 k/uL (04/11/2026 11:00)

WBC:10.13 k/uL (04/11/2026 02:58)

WBC:10.0 k/uL (04/10/2026 17:13)

WBC:10.5 k/uL (02/27/2026 15:19)

4/15: Evaluated by Limb Salvage team who recommended:

- No acute surgical intervention

- Arterial studies ordered

- Pt reports increasing redness, edema, pain over the past 3 weeks. Given history, cellulitis cannot be excluded.

Recommend course of PO doxy. **1 week of doxycycline ordered starting 4/15 (completed)**

- Local wound care: cleanse with vashe, apply Aquacel Ag, cover with ABD, Kerlix, light ACE wrap from toes to knee

- Pt can follow-up in the WHI at FSH or GSH after d/c if desired

[] Continue local wound care as above

[] Pain management as below

[] Outpatient Wound Healing Institute follow up

#. PAD/Left popliteal artery stenosis

Arterial studies 4/15: . Possible occlusion noted of the left distal femoral artery, which reconstitutes distally.

2. >75% stenosis of the left popliteal artery. 3. Less than 50% stenosis of the left external iliac, left common femoral, left deep femoral, left anterior tibial and left dorsalis pedis arteries.

Appreciate Vascular Surgery consult: *No acute surgical intervention at this time. No signs of acute limb ischemia. Patient will likely require an angiogram in the future. This can be done as an outpatient procedure.*

Messaged vascular office for a follow-up appointment with Dr. Crowner.

☐ Continue pradaxa

☐ Outpatient Vascular surgery follow up

#. A-fib with RVR (improved)

During acute hospital stay, Previously needed diltiazem drip, transitioned to home digoxin and metoprolol. Echocardiogram with EF 55 to 60%, no wall motion abnormalities, no left ventricular thrombus. However did not comment on on Left atrial appendage clot seen on CT chest
Titrated off of heparin drip to Pradaxa 4/13 after repeat head CT ruled out hemorrhage
s/p dig load in ED, previously on diltiazem drip

PLAN:

☐ Continue home digoxin, metoprolol and diltiazem

☐ Continue dabigatran

☐ Outpatient Cardiology follow up

#. Hypertension

☐ Continue metoprolol, monitor BP and adjust regimen as indicated, Goal BP is normotension; long-term target <130/80

#. Prediabetes

☐ Diabetic diet education

#. Bilateral pleural effusions on imaging-

clinically asymptomatic

☐ Encourage IS, continue to monitor clinically

#. History of recurrent left lower extremity DVTs

- INR subtherapeutic on admission, could have contributed to her strokes as well as splenic infarct

- duplex negative for DVT

☐ Continue dabigatran

#. Splenic infarcts on CT

likely embolic in nature

☐ Continue anticoagulation

#. Incidental right lymphadenopathy noted on imaging

- Likely reactive. Outpatient surveillance.

#. Abnormal LFTs, resolved

CT with cholecystectomy, without biliary dilation. Splenic infarct noted.

LFTs (latest in last 72H):

04/14/2026 04:31

Total Protein: 6.5 gm/dL

Albumin Lvl: 3.5 gm/dL

AST: 20 units/L

ALT: 11 units/L

Bili Total: 1.1 mg/dL

Bili Direct: 0.46 mg/dL HI

Alk Phos: 89 units/L

☐ Continue to trend intermittently.

#. Bowel Regimen:

☐ Docusate-Senna 2x/day, Miralax daily and Dulcolax Suppository PRN

#. Pain Management:

☐ Tylenol as needed for pain.

☐ Tramadol 50 mg 3x/day PRN severe pain added 4/15 due to high levels of LLE pain, pain controlled 4/22.

#. DVT prophylaxis:

- At increased risk due to decreased mobility.

[] On Dabigatran

Consults

Consult to Case Management - Completed

-- Reason: Lack of support system in home | Other (Specify in Special Instructions), Care Coordination

Consult to Neuropsychology - Completed

-- Reason: Neuropsychological evaluation and treatment, Service Notified

Consult to Pastoral Spiritual Care - Ordered

Consult to Podiatric Surgery - Ordered

-- Reason: nail care, Service Notified

Consult to Social Work - Completed

-- Reason: Decrease in Mobility

Consult to Vascular Surgery - Ordered

-- Reason: PAD possible occlusion in the left distal femoral artery and more than 75% stenosis in the left popliteal artery., Service Notified

Consult to Wound Ostomy - Completed

-- Leg, Other (Specify in Special Instructions), Yes, Other (Specify), LLE wound ulcer, One Time

Medications

Discharge Medications

Medications at Time of Discharge (9) as of 04/22/2026 09:50

* Indicates a medication that was prescribed. All other listed medications are being continued.

(1) acetaminophen (acetaminophen 500 mg oral tablet):

1,000 mg = 2 tab PO q8h PRN pain, mild (1 to 3)

(2) atorvastatin (atorvastatin 40 mg oral tablet):

40 mg = 1 tab PO Nightly

(3) dabigatran (dabigatran 150 mg oral capsule):

150 mg = 1 ea PO 2x/day

(4) digoxin (digoxin 125 mcg (0.125 mg) oral tablet):

125 mcg = 1 tab PO Daily

(5) diltiazem (diltiazem 120 mg/24 hours oral tablet, extended release):

120 mg = 1 tab PO Daily

(6) docusate-senna (docusate-senna 50 mg-8.6 mg oral tablet):

1 tab PO 2x/day

(7) metoprolol (metoprolol tartrate 50 mg oral tablet):

100 mg = 2 tab PO 2x/day

(8) polyethylene glycol 3350 (polyethylene glycol 3350 oral powder for reconstitution):

17 gm PO Daily

(9) tramadol (tramadol 50 mg oral tablet):

50 mg = 1 tab PO 3x/day PRN pain, severe (7 to 10)

Allergies

No Known Allergies

Immunizations

Vaccine	Date	Status
SARS-CoV-2 (COVID-19) Ad26 vacc, recomb	04/08/2021	Recorded
influenza virus vaccine, inactivated	09/10/2019	Recorded
pneumococcal 13-valent vaccine	10/14/2016	Recorded
influenza virus vaccine, inactivated	10/01/2014	Recorded

Reconciliation History

Larkin, PA-C, Katherine A at 04-21-2026 10:59 (Complete)

Key Results**Lab Results**

WBC: 7.84 k/uL (04/21/26 05:27:00)
Hgb: 15 gm/dL High (04/21/26 05:27:00)
Hct: 45.8 % High (04/21/26 05:27:00)
MCV: 86.6 fL (04/21/26 05:27:00)
MCH: 28.4 pg (04/21/26 05:27:00)
MCHC: 32.8 gm/dL (04/21/26 05:27:00)
RBC: 5.29 million/uL High (04/21/26 05:27:00)
Sodium Lvl: 140 mmol/L (04/21/26 05:27:00)
Potassium Lvl: 4.2 mmol/L (04/21/26 05:27:00)
Chloride: 105 mmol/L (04/21/26 05:27:00)
Creatinine: 0.78 mg/dL (04/21/26 05:27:00)
Glucose Lvl Random: 96 mg/dL (04/21/26 05:27:00)
Calcium Lvl: 9.4 mg/dL (04/21/26 05:27:00)

Discharge Condition**Rehab Course**Upon Admission Functional Status

Bathing Lower Body: Rehab Moderate assistance
Bathing Upper Body: Rehab Minimal assistance
Bed Mobility: Rehab Contact guard assistance
Cognition: Independent.
Communication: Supervision
Dressing Lower Body: Rehab Moderate assistance
Dressing Upper Body: Rehab Minimal assistance
Eating: Supervision
Grooming: Rehab Contact guard assistance
Locomotion Walk: Rehab Minimal assistance
Locomotion Wheelchair: Other
Stairs: Other
Toilet Transfer: Rehab Moderate assistance
Toileting: Rehab Minimal assistance
Transfers: Rehab Minimal assistance
Tub, Shower Transfer: Other

Discharge Functional Status

PT

Bed Mobility Roll Left: Independent.
Bed Mobility Roll Right: Independent.
Bed Mobility Supine to Sit: Independent.
Bed Mobility Sit to Supine: Independent.
Bed Mobility Scooting: Independent.
Transfer Bed to Chair: Supervision
Transfer Car Rehab: Supervision
Transfer Chair to Bed: Supervision
Transfer Chair to Mat: Rehab Contact guard assistance
Transfer Mat to Chair: Rehab Contact guard assistance
Transfer Sit to Stand Rehab: Supervision
Transfer Stand to Sit Rehab: Supervision
Ambulation Rehab CIR: Supervision

Patient Discharge Condition and Location

No qualifying data available.

Code Status

Full Code-Do CPR - Ordered

HALL, ELIZABETH M
DOB: 05/26/1947

GSH-01054200686
Printed on: 04/22/2026 12:23 EDT

EMPI: 16515603
Page 5 of 9

Stairs Rehab: Supervision, Rehab Contact guard assistance
SLP

Expressive Aphasia SLP Diagnosis: Moderate

Oral Dysphagia SLP Diagnosis: WNL

Receptive Aphasia SLP Diagnosis: Mild, Moderate

Voice Disorder SLP Diagnosis: Minimal

CIR Cognitive Communication SLP Dx: Moderate

No qualifying data available.

Assessment Summary SLP

04/21/26 09:00:00

Pt participated in skilled SLP intervention targeting verbal expression, auditory comprehension, and cognition. Response Elaboration Training was introduced to promote increased semantic and syntactic features as pt continues w/ fluent output marked by reduced content. Pt required consistent cues and implementation of strategies when completing 2-step verbal sequencing task, demonstrating auditory comprehension deficits. Pt w/ consistent 28/30 on O-log, indicating improved carryover of functional information.

OT

Upper Extremity Dressing Level: Supervision or setup

Lower Extremity Dressing Level: Supervision or setup

Grooming Level: Modified Independent

Toileting Level: Supervision or setup

Bathing Level: Supervision or setup

LE Bathing Level: Supervision or setup

Shower Transfer Level: CGA

Transfer Toilet Level: Supervision or setup

Physical Exam at Discharge

Vitals & Measurements

T: 36.4 °C (Oral) TMIN: 36.3 °C (Oral) TMAX: 36.4 °C (Oral)

HR: 80 (Apical) RR: 12 BP: 144/82 SpO2: 94%

WT: 85.6 kg

T: 36.4 °C (Oral) HR: 80 (Apical) RR: 12 BP: 144/82

SpO2: 94%

HT: 164 cm WT: 85.6 kg BMI: 31.83

Braden Score: 18

Pain Assessment

Primary: Numeric Pain Score: 0 (04/21/26 19:00:00)

Pain Present: No actual or suspected pain (04/21/26 19:00:00)

General: No Acute Distress.

HEENT: EOMI. Neck is supple. Oral mucosa is pink and moist.

Sclera is nonicteric, noninjected.

Respiratory: Nonlabored breathing

Cardiovascular: S1S2

GI: Soft, nontender and nondistended.

MSK: Able to move all extremities greater than antigravity

Neurological: Awake and Alert. Follows one step commands.

Expressive aphasia.

Psych: Appropriate Affect.

Skin: No rash or sores appreciated.

HALL, ELIZABETH M
DOB: 05/26/1947

GSH-01054200686
Printed on: 04/22/2026 12:23 EDT

EMPI: 16515603
Page 6 of 9

Lines/Tubes/Drains

No lines/tubes/drains documented for this encounter.

Skin

Back Left Upper - Abnormality Type: Scratches (04/21/26 11:17:00)

Wrist Left - Abnormality Type: Bruise (04/21/26 11:17:00)

Arm Left Upper - Abnormality Type: Bruise (04/21/26 11:17:00)

Leg Left - Abnormality Type: Venous stasis ulcer (04/21/26 20:00:00)

Discharge and Follow-Up Information

***Seek immediate medical attention for any:**

- Chest pain
- Shortness of breath
- Severe pain
- Passing out
- Falls/Injury

*****Seek immediate medical attention for any new or worsening: facial drooping, arm/leg weakness, speech changes, swallowing difficulties or confusion.**

Future MedStar Appointments**MedStar Vascular Surgery at Good Samaritan Hospital**

5601 Loch Raven Blvd Baltimore, MD 21239

Scheduled Provider: Crowner, MD, Jason Ryan

Appt. Date: 05/11/2026 13:15

Appt. Type: Return Appointment

MedStar Medical Group Cardiology at Franklin Square

Med Cntr

9105 Franklin Square Drive Baltimore, MD 21237

Scheduled Provider: Ashvetiya, MD, Tamara

Appt. Date: 05/13/2026 12:00

Appt. Type: Return Appointment

Discharge Location: SAR

Followup Instructions

With: Follow up with primary care provider

Comments: Call your doctor for medication refill For problems call your regular doctor

When: Within 1 to 2 weeks

Address:

With: Follow up with Neurologist

Comments: Call for followup appointment 9000 Franklin Square Drive Suite 2C Baltimore, MD, 21237 443-777-7320

When: Within 2 to 4 weeks

Address:

Education

Stroke Prevention, Easy-to-Read - 04/21/2026 11:02

Fall Prevention in the Home, Adult - 04/21/2026 11:02

Warning Signs of a Stroke - 04/21/2026 11:02

Pending Results**Pending Lab/Radiology Orders**

COMM ORDER Obtain Lab: Serum Glucose
(04/14/2026 15:41)

Diet

Cardiac Diet AHA - Ordered

-- 04/14/26 15:41:00 EDT

History**Problem List/Past Medical History****Ongoing**

Altered mental status
Anticoagulated
At risk of venous thromboembolus
Cellulitis
Chronic atrial fibrillation
CVA (cerebrovascular accident)
Diabetes mellitus
Dysphagia
Dyspnea on exertion
Embolism and thrombosis of other arteries
Heart failure
Hyperlipidemia
Hypertension
Left atrial thrombus
Long term (current) use of anticoagulants
Mild mitral regurgitation
Mild tricuspid regurgitation
Orthopnea
Palpitations
Peripheral edema
Persistent atrial fibrillation
Subtherapeutic anticoagulation

Past Surgical History

- ULTRASONOGRAPHY OF HEART WITH AORTA, TRANSESOPHAGEAL | 10/10/2023
- RESTORATION OF CARDIAC RHYTHM, SINGLE | 10/10/2023

Medical Records - Release of Information

MedStar Good Samaritan Hospital

8am-4:30pm Mon-Fri

Phone: 443-444-3894

Fax: 443-444-4157

Time Spent on Coordinating Discharge☐ 30 Minutes or less☒ Greater than 30 minutes spent on the discharge process including care coordination, counseling and discussing plan of care with the patient/family at the bedside

[1] History and Physical - Rehab; Larkin, PA-C, Katherine A 04/15/2026 10:18 EDT

Signature Line

Electronically signed by:

Larkin, PA-C, Katherine A on: 04.22.2026 11:33 EDT

Electronically signed by:

Larkin, PA-C, Katherine A on: 04.22.2026 11:54 EDT

Addendum by Nwadi, MD, Ezlhe P. on April 22, 2026 11:57:20 EDT (Verified)**Physical Medicine and Rehabilitation****Discharge Note With Physician Assistant**

Patient was seen and examined by me. I have reviewed the Physician Assistant documentation, as charted above.
I agree with the discharge instructions and plan as noted above. Patient is medically stable for discharge to SAR on 4/22/2026.

Specific elements of the physical exam that I performed myself include _alert, no apparent acute distress, lungs clear on auscultation. LLE swelling.

**Physical Therapy
Treatment Encounter Note(s)**

Provider: Rossville Rehabilitation and Healthcare Center

Hall, Elizabeth M

Identification Information

Patient: Hall, Elizabeth M
MRN: 23368 DOB: 5/26/1947

Date of Service: 7/6/2026

Completed Date: 7/6/2026

Summary of Daily Skilled Services

Precautions Precautions = No precautions present.
Contraindications Contraindications = No contraindications present.
Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.
Pre-Tx Is skilled therapy needed to address pain? = Nursing to address
97110 97110: Pt. declined to get OOB but did recall many bed exercise and performed the others with only minimal cuing/ encouragement including: ankle pumps, ankle inversion/ eversion, knee/ hip flexion/ extension, hip ab/ adduction and hip internal/ external rotation for increased strength, ROM, activity tolerance and function.
97530 97530: Pt. educated on her current status, progress toward goals and POC as well as the importance of her participation in her PT, pt. reported an understanding but was too fatigued to get OOB on this date. Pt. participated in D/C planning with this PTA: pt. to D/C home with daughter as soon as it is safe to do so and in agreement to perform her HEP (OOB is better than in bed) and home health PT/ OT upon her D/C from this facility.
Response to Tx Response to Session Interventions: Pt. tolerated session well but did decline to get OOB on this date.
Complexities Barriers impacting treatment? = No

Functional Status as a Result of Skilled Interventions

Bed Mobility Roll left and right = Independent
Sit to lying = Independent
Equipment During Tasks = Without handrails/equipment
Lying to sitting on side of bed = Independent
Dyspnea Is patient Short of Breath when lying flat? = No
Transfers Sit to stand = Independent
Chair/bed-to-chair transfer = Independent
Toilet transfer = Independent
Car transfer = Not applicable
Assistive Device During Transfers = RW
Ambulation Walk 10 feet = Independent
Walk 50 feet with Two Turns = Independent
Walk 150 feet = Independent
Walking 10 feet on uneven surfaces = Setup or clean-up assistance
Gait Distance = 500 feet; Assistive Device = Two-wheeled Walker
Curbs/Stairs 1 step (curb) = Independent
4 steps = Independent
12 steps = Setup or clean-up assistance
W/C Mobility Resident uses a wheelchair and/or scooter? = No
Other Picking up object = Setup or clean-up assistance
Dyspnea Is patient Short of Breath 10 mins post exercise/activity/exertion? = No

I accept responsibility for the content I documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature:

Electronically signed by Chelsea Leigh Elswick, PTA, A3539

7/6/2026 02:00:56 PM EDT

Date

**Physical Therapy
Treatment Encounter Note(s)**

Provider: Rossville Rehabilitation and Healthcare Center

Hall, Elizabeth M

Identification Information

Patient: Hall, Elizabeth M
MRN: 23368 DOB: 5/26/1947

Date of Service: 7/3/2026

Completed Date: 7/3/2026

Summary of Daily Skilled Services

Precautions Precautions = No precautions present.

Contraindications Contraindications = No contraindications present.

Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.

Pre-Tx Is skilled therapy needed to address pain? = Nursing to address

97112 97112: Pt. performed dynamic sitting balance on EOB in preparation for transfers with self-feeding activity with set-up and minimal cuing for safety, posture, BOS and weight shifting/ bearing initially. Balance/ strengthening Otago exercise in preparation for gait: sit to stands - two hands with supervision and minimal cuing for safety and limb positioning. Pt. performed dynamic standing balance via reaching activity with close supervision and minimal cuing for safety, posture, BOS and weight shifting/ bearing.

97116 97116: Pt. ambulated with supervision and minimal cuing for safety, posture, obstacle negotiation and pacing x20 feet around her room but could not be facilitated to leave her room on this date.

97530 97530: Pt. performed bed mobility, transitioning supine to sit with supervision and minimal cuing for limb positioning and weight shifting. Pt. educated on her current status, progress toward goals and POC as well as the importance of her participation in her PT, pt. reported an understanding but was upset she was still in the hospital. Pt. participated in D/C planning with this PTA: pt. to D/C home with daughter as soon as it is safe to do so.

Response to Tx Response to Session Interventions: Pt. tolerated session well but could not be facilitated to leave her room on this date.

Complexities Barriers impacting treatment? = No

Functional Status as a Result of Skilled Interventions

Bed Mobility Roll left and right = Independent
Sit to lying = Independent
Equipment During Tasks = Without handrails/equipment
Lying to sitting on side of bed = Independent

Dyspnea Is patient Short of Breath when lying flat? = No

Transfers Sit to stand = Independent
Chair/bed-to-chair transfer = Independent
Toilet transfer = Independent
Car transfer = Not applicable
Assistive Device During Transfers = RW

Ambulation Walk 10 feet = Independent
Walk 50 feet with Two Turns = Independent
Walk 150 feet = Independent
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Gait Distance = 500 feet; Assistive Device = Two-wheeled Walker

Curbs/Stairs 1 step (curb) = Independent
4 steps = Independent
12 steps = Setup or clean-up assistance

W/C Mobility Resident uses a wheelchair and/or scooter? = No

Other Picking up object = Setup or clean-up assistance

**Physical Therapy
Treatment Encounter Note(s)**

Provider: Rossville Rehabilitation and Healthcare Center

Hall, Elizabeth M

Dyspnea Is patient Short of Breath 10 mins post exercise/activity/exertion? = No

I accept responsibility for the content I documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Chelsea Leigh Elswick, PTA, A3539 _____ 7/3/2026 09:32:29 AM EDT
Date

**Physical Therapy
Treatment Encounter Note(s)**

Provider: Rossville Rehabilitation and Healthcare Center

Hall, Elizabeth M

Identification Information

Patient: Hall, Elizabeth M
MRN: 23368 **DOB:** 5/26/1947

Date of Service: 7/2/2026

Completed Date: 7/2/2026

Summary of Daily Skilled Services

Precautions Precautions = No precautions present.
Contraindications Contraindications = No contraindications present.
Allergies / Intolerances Allergies and Intolerances = No allergies/intolerances present.
Pre-Tx Is skilled therapy needed to address pain? = Nursing to address
97110 97110: Written HEP provided including knee bends, one leg stands, ham curls and heel raises standing at kitchen sink at hom. Patient relayed that she does not need exercises. Patient agreed to balance activities for decreased risk of falls.
Response to Tx Response to Session Interventions: actively participates with skilled interventions.
Complexities Barriers impacting treatment? = Yes
 Barriers Impacting Treatment: patient thinks that she no longer needs therapy.
Tx Modifications Treatment Modifications to Overcome Barriers: Instruction for PT home safety eval

Functional Status as a Result of Skilled Interventions

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W/C Mobility Resident uses a wheelchair and/or scooter? = No
Other Picking up object = Setup or clean-up assistance
Dyspnea Is patient Short of Breath 10 mins post exercise/activity/exertion? = No

I accept responsibility for the content I documented in this patient's record and attest, to the best of my knowledge, that it accurately reflects the current performance, condition and medically necessary, skilled services provided per this patient's current treatment plan.

Original Signature: _____ Electronically signed by Arlene D. Johns, PT, 19805 7/2/2026 01:25:08 PM EDT
 Date