

Medical Update for Peggy Bowman DOB: 04/03/1938

Date Order Created: 07/13/2026

Order ID: 1150/20345

Agency Assigned Id: 27427

Certification Period: 06/29/2026 to 08/27/2026

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Orders:

07/10/2026 Problems : GG0170G1 - Car Transfer
GG0130F1 - Upper Body Dressing
GG0130A1 - Eating
GG0130H1 - Don/Doff Footwear
GG0130G1 - Lower Body Dressing
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130B1 - Oral Hygiene
GG0170E1 - Chair to Bed to Chair
GG0170L1 - Walk 10 ft on Uneven Surface
GG0170D1 - Sit to Stand
GG0170P1 - Picking Up Object
GG0170O1 - 12 Steps
GG0170N1 - 4 Steps
GG0170M1 - 1 - Step (curb)
GG0170K1 - Walk 150 Feet
GG0170J1 - Walk 50 ft with 2 Turns
GG0170I1 - Walk 10 Feet
GG0170F1 - Toilet Transfer

07/10/2026 patient_goal: Walk better, Target Date: 08/27/2026,

07/10/2026 procedure: equipment training, Notes: , work simplification/energy conservation, Notes: , home exercise program, Notes: Bilateral UE triceps extensions, biceps curls, triceps kick backs 2-3 sets of 10-12 reps, Medication Review , Notes: Medication reviewed with caregiver with all medications in the facility, transfers training, Notes: Skilled OT, assist with bathing, Notes: Skilled OT, assist with lower body dressing, Notes: Skilled OT, assist with upper body dressing, Notes: Skilled OT, gait training/stair training, Notes: , transfers training, Notes: ,

07/10/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 08/27/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 08/27/2026, therapeutic exercises, Target Date: 08/27/2026, therapeutic modalities, Target Date: 08/27/2026, equipment training, Target Date: 08/27/2026, work simplification/energy conservation, Target Date: 08/27/2026, related medication(s) purpose and schedule, Target Date: 08/27/2026, symptoms requiring physician notification, Target Date: 08/27/2026,

07/10/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 08/27/2026, patient/caregiver recalls

* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation skills and diversional activities
* recalls related medication(s) purpose, schedule, Target Date: 08/27/2026, Oral Hygiene - 06. Independent, Target Date: 08/27/2026, Toileting Hygiene - 06. Independent, Target Date: 08/27/2026, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 08/27/2026, Lower Body Dressing - 06. Independent, Target Date: 08/27/2026, Don/Doff Footwear - 06. Independent, Target Date: 08/27/2026, Eating - 06. Independent, Target Date: 08/27/2026, Upper Body Dressing - 06. Independent, Target Date: 08/27/2026, Sit to Stand - 04. Supervision or touching assistance, Target Date: 08/27/2026, Chair to Bed to Chair - 04. Supervision or touching assistance, Target Date: 08/27/2026, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 08/27/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 08/27/2026, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 08/27/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 08/27/2026, Car Transfer - 04. Supervision or touching assistance, Target Date: 08/27/2026, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 08/27/2026,

07/10/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 08/27/2026,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 07/14/2026